



# 8TH ANNUAL CARE2CURE HD-5K

SATURDAY, OCTOBER 21, 2017  
5K RUN/WALK AND 1/4 MILE KIDS FUN RUN  
HELP CURE HUNTINGTON'S DISEASE!

## WHERE & WHEN

The 5k Run/Walk starts at 9:00 AM at Millbrook High School in Winchester, Va. Race day registration will be from 7:30AM - 8:45AM. 251 First Woods Drive, Winchester, VA 22603

## COURSES

The 5K Run/Walk is a measured 5K (3.1 mile) route on paved surfaces and roads around the Millbrook High School grounds and neighboring subdivisions. The Kids Fun Run will be one lap around the school track.

## AWARDS

For the top three men & women overall, top Masters (40 & over) man & woman, and the top three in the following age groups: 14 & under, 15-19, 20-29, 30-39, 40-49, 50-59, 60-69, 70 & over. All children participating in the Fun Run will receive a prize. There will be no duplication of awards. First overall male & female finishers will win a free pair of shoes from Runners' Retreat. Prize Money - 1st Overall Male & Female - \$150, 2nd Overall Male & Female - \$75, 3rd Overall Male & Female - \$25. T-shirts "As Available" for registrants after 10/7/2017 (T-Shirts not available for Kids Fun Run)

## REGISTRATION INFORMATION

The 5K Run/Walk fee is \$18.00 for members of the SVR and \$20.00 for non-members. T-Shirts guaranteed for those registered prior to 10/7/2017. The 5k Run/Walk will be \$15.00 for children 14 years of age and under. The Kids Fun Run will be \$5.00. You can download a printable registration form or register online at our website. Paypal is available for online registrants.

## RACE POLICIES

No pets, headphones, strollers or roller blades will be permitted in the 5K Run or Kids Fun Run.

## FOR MORE INFORMATION

Contact race directors Bryan English at (540)-533-0152 or Vern Heavner at (540)-327-4331. Questions can be emailed to [www.care2curehd5k@hotmail.com](mailto:www.care2curehd5k@hotmail.com) or visit the race's web site [www.care2curehd5k.com](http://www.care2curehd5k.com) All proceeds from the race will be donated to the Huntington's Disease Society of America. To learn more about the society visit [www.hdsa.org](http://www.hdsa.org)



## REGISTRATION

Please complete, sign, and date the registration form below and return to the address listed.

Online registration and payment with Paypal available at [www.care2curehd5k.com](http://www.care2curehd5k.com)

### Registration Information

Name: \_\_\_\_\_ Address: \_\_\_\_\_  
 City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_ Phone: \_\_\_\_\_ Date of Birth: \_\_\_\_\_  
 E-mail: \_\_\_\_\_ Age as of 10/21/2017: \_\_\_\_\_ Additional Contribution: \$ \_\_\_\_\_  
 T-Shirt Size (Adult Only) : S M L XL Gender: M F SVR Member (Save \$2.00) : Y N

ENTRY FEES: 5K - Adults (15+) \$20.00 Children (14 and under) \$15.00 - SVR Members deduct \$2.00 - Kids Fun Run - \$5.00

Make checks payable to: Care2Cure HD-5K Mail to: Care2Cure HD-5K, C/O Bryan English, 12352 Harvey Rd, Clear Spring MD 21722

In consideration of your accepting this entry, I, the undersigned, intending to be legally bound, hereby for myself, my heirs, executors and administrators, waive and release any and all rights and claims for damages I may have against any of the following or its successors and/or assigns, as their interests may appear: the Huntington's Disease Society of America, the Shenandoah Valley Runners, the County of Frederick, Millbrook High School, Frederick County Public Schools, the Race Directors (Bryan English and Vernon Heavner), and all additional contributors, sponsors and assigns for any injuries suffered by me in the scheduled October 21, 2017 event. I attest and verify that I am physically fit and have effectively trained to complete this race and have completed this entry form honestly. THIS IS A FUNDRAISER.

Signature (parent / guardian if under the age of 18)

Date